



Anger Management Appropriate Decisions

Presented by Christine Baccari

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ALSO OFFERED IN SPANISH

Effective For

Child Endangerment/Child Safety Issues
Animal Violations
Diluted UAs/Violation of Probation
Disorderly Conduct/Disturbing the Peace
Failure to Comply
Lack of Insurance
MIP (over age 18)
False Information
Assaults
Fraud
Vandalism
Shoplifting/Theft
Leaving the Scene
Driving Under Suspension
Time management

Class Content

- Exploration of problem behavior
- Developing a personal plan of action
- Diffusing anger
- Identify risk factors and family cycles
- Problem solving technique
- Strategies for good decision-making
- Organization for daily living
- How substance abuse affects decisions
- Barriers and hindrances to success
- Why sleep, diet and exercise matter
- The affects of personal relationships

2021 CLASS SCHEDULE

Due to COVID-19, this class is being offered on line/prerecorded videos for you to view at home.

Upon completion of the videos, certificates will be issued.
Please call for details.

Accepted Methods of Payment: Cash, Money Order, Debit or Credit

To pay on line, you may go to www.baccari.com or call Christine at 402.680.5033 to make other payment arrangements

\$105 (cash, money order, credit or debit)

For information about private or classes longer than 8 hours, please call 402-680-5033

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